



WITHEY'S

HEALTH FOODS

JULY 2026 NEWSLETTER

Welcome back to the Withey's Health Foods news bulletin. Are all of you patriots looking forward to America's 250th birthday? Whether you have plans to go out and celebrate or stay in with loved ones, we have some great products to check out this month.



NEW Product Alert: Superieur Electrolytes

We now carry Superieur Electrolytes in store and you definitely need to try some. Superieur uses Pink Himalayan sea salt in their blend, which carries over 80 minerals and a higher pH than competitors. They use food sourced vitamin C from acerola berries in each flavor, and use carbohydrates in their formula (organic white rice) to carry electrolytes and minerals through the stomach and into the small intestine for

absorption. These electrolytes keep you hydrated and replenish minerals in a way not seen by other brands out there.

We carry four flavors, and our introductory offer is 15% off. Don't sleep on this offer folks—hydrate with Superieur.

- Strawberry Lemonade
 - Fresh Watermelon
 - Red Raspberry
 - Lime Blueberry
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NEW Local Product Alert! Greycliff Market and Creamery

If you are anything like us, you probably have a soft spot for cheese. Greycliff Market and Creamery offers an incredible line of cheeses that are matured in an *underground cave* in central Montana and feature the four simple ingredients of milk, enzyme cultures, salt, and rennet. We have been sampling them to our loyal customers and they have been flying off the shelves ever since. As an added bonus,

we have them on sale! Come check out these delightful flavors:

- Black Pepper Gouda
 - Dill Havarti
 - Raw Plain Cheddar
 - Raw Smoked Gouda
 - Raw Huckleberry Havarti (Wow!)
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Another NEW LOCAL Product Alert! Powderhound Hot Chocolate

Where are my chocolate lovers at? We have got a brand new hot chocolate mix from Powder Hound that has been approved by *all* four Withey's grandkids. Not only is this powder delicious and **lightly** sweetened, it features real cacao ethically sourced from South America. An exciting local product inspired by Columbian heritage and flavors with nothing artificial inside, you are going to want to stock up so you can sip and watch all the summer rain pass through.



Badger Sun and Bug on Sale

Tis the season for bug bites, sunburns, and itchy skin. Lucky for everyone here, our Badger sunscreen and bug repellent products are **on sale with 15% off!** This line is great for children and adults, one of many trusted family owned and operated companies we carry. Badger strives to create helpful products that real people need, with many of their most popular products being tested on family and friends before being manufactured and shared with you. Their chest rubs and sunscreen are popular among the Withey's family. If you need to stock up on some camping and outdoor essentials, you know exactly where to go.



Oregon's Wild Harvest: On sale 20% off

One of our favorite herbal labels is back on sale for **20% off**. Before anything gets bottled or sent to a store, Oregon's Wild Harvest in house experts test each of their herbs for pathogens, contaminants, pesticides, and heavy metals to ensure that what ends up in a bottle is as pure as it can be. What does this mean for you? A clean, potent product with no weird additives.

Oregon's carries all sorts of support blends, from seasonal allergies all the way to sleep and relaxation. If you aren't sure exactly where to locate a product, just ask! I promise our staff won't bite.

In Season:

We are starting to get some really stunning produce onto our shelves this season! Right now we have hydroponically grown local strawberries, as well as black plums and fresh blueberries to snack on whenever you need a healthy sugar fix. Later this month we will also feature some Flathead Lake cherries from Moss Farms on our shelves and you do not want to miss those! Moss Farms does not spray their cherries with chemicals and they make for great pies and snacks through the summer.



Don't be afraid to come in and peek at what's fresh this season in our produce cooler.

July Staff Favorites:

What is your favorite product right now?



Susan - "I have so many new favorites from the Withey's herbal line that I've been trying. I have taken the Parasite tincture, and feel better overall, noticing better digestion. I take the Zzz one and notice I sleep better and deeper. Also the Sinus blend. It's noticeably breaking up my long standing congestion [which I have dealt with for many years]."



Mya - "I love supporting Montana companies, and North Soul Coffee Roasters has a Costa Rican roast that tastes rich and just brightens my day. Some coffees I find myself adding sweetener to cut the bitterness, but this one I just need a little cream to add to the smooth taste."



Josh - "I love all the non-caffinated drinks from Melting Forest—specifically the strawberry lavender. They are sugar free but not overly sweetened with sugarless sweeteners. I really like all the adaptogenic herbs that are included like Reishi, L-Theanine, and Magnesium."



BOOK ALERT:

Joe's nephew N.H. Burnett has published his debut book *The Friendly Bigfoot: Lost and Found* and we have fresh copies. In this story you will follow Bigly the Bigfoot as he tries to save his friends from the circus of gloom. As a unique bonus, the 36-page picture book comes with trail guide missions to get young readers thinking more about Bigly's three nuggets of wisdom: forgiveness, kindness, and courage. Pick up your copy today while supplies last!

Thank you all once again for being a part of our Withey's neighborhood. When you choose to shop with us, you choose to support other local businesses and families across the state of Montana. Happy 250! Until next time, stay hydrated and take care of yourselves.

Yours in health + wellness,

Please Click Here for this month's Sale Flyer!

Friendly reminders

- Withey's offers a rewards program for shopping with us in store. Every \$100 you spend in the store earns you \$5 off your next purchase with no expiry date attached! If you have not already signed up to earn with us, all we need is a name and phone number to get you started on earning rewards today.
- We appreciate our community members so much! If you happen to be a veteran, senior citizen (65+), or an employee of Logan Health, we will offer you 10% off of your supplement purchases. Just let us know at checkout if you qualify and we are happy to apply the discount.
- If there is a product you are looking for and cannot seem to find anywhere else, let us know! We will try our best to order it and/or carry it in the store for you. Talk to your favorite staff member if you have something in mind.
- We are happy to mail out anything from the store to your door! Please give us a call for mail orders.

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