



WITHEY'S
HEALTH FOODS

AUGUST 2026 NEWSLETTER



It's hot, smoky and finally time for the Withey's monthly update again. Welcome back friends of the store! It is peak season for being outside and living your best life, so we are here to share what we have in store so your best life comes to fruition. Before we kick it off with two new products, we would like to express gratitude-

First, Thank you all who have voted us **#1 Health Food Store in the Flathead Valley**. This is our *11 year in a row* claiming this honorable title! We are humbled and thrilled to continue to serve this wonderful community that has kept us family owned and operated for almost 70 years. Thank you!

Secondly, we are grateful that we are currently safe from these raging fires and have our homes to go to. Yes, this smoke is rough on our bodies but take a moment of gratitude and offer compassion and a prayer to those that have lost everything to fires- I'm sure we all know someone who is threatened or devastated by the current situation in Spokane and elsewhere in the world.



NEW Product Alert!

We now carry several products from the *Queen of the Throne®* line in store where each product is made to support your journey to clean beauty and holistic wellness. They are the premium resource for Castor Oil and Castor Oil packs, and we currently carry:

- Liver Castor Oil Packs
- Kids Castor Oil Packs
- Beauty Dry Brush

Queen of the Throne prides themselves on creating skincare oils that are USDA Organic, Pure + Vegan Certified, and third party tested for quality and performance. Castor oil is most commonly used to combat the appearance of fine lines and wrinkles, bring out soft, glowing facial skin, moisturize dry skin naturally, and give the scalp/hair a healthy boost. Feel free to pair these packs with Heritage Store Castor Oil for the best routine possible. This versatile oil has been used in beauty routines for centuries—the ancient Egyptians and Romans used it as a skin emollient for dry skin and lubricating hair.

- In a season of high UV rays and hot temperatures, show your skin some love and get some *Queen of the Throne®* beauty products. Believe us, your flesh will look healthy *and* hydrated.
-

Yum Yum Alert:



Did you know we carry a delicious, organic, Pacific Northwest wild rice provider? Not to mention filling and satisfying. Ankeny Lakes Wild Rice Company (Oregon) in partnership with St. Maries Wild Rice (Idaho) have united with the purpose of producing some of the largest, most flavorful wild rice in North America. We currently carry these blends in store:

- Mexicali Blend
- Northwest Blend

- Lemon Basil

Not only will your purchase make your stomach dance with joy, it will also go back to supporting wildlife preservation projects spearheaded on by these two companies. Do you really need any more reasons to eat some wild rice? We didn't think so. Stop in to find the right blend for your culinary needs in store soon.



AGH! Where did the dog food go?

Many of you have seen we moved our pet products to a new corner of the store. Do not worry, we still carry everything we did before, including samples—don't be afraid to ask us for some! Instead of being adjacent to bulk herbs, our pet care products now live in the corner by the freezer and high windows. When you first enter the front doors, take a hard left and walk until you smell dehydrated kibble. You can't miss it! Everything is fully stocked, so bring your two legs (or four) to pick up some summer

goodies today.



Food for Thought:

As we enter August and September the full splendor of harvest season overfills baskets, buckets, and gardens. We as a store have committed to bringing in as much local and Montana-based produce as possible! To find the local eats, look for little tabs seen in the photo.

By buying local produce from us, you help us put money back into Montana farmer pockets and keep our food in

the state.

****We currently have non-sprayed Flathead Lake cherries that are flying off the shelf as quickly as they come in. Keep an eye out for those world-famous Dixon Melons!**

Additionally, here at Withey's Health Foods we carry everything you need to craft beer, wine, mead, and all the beverages in between. Located on the far back wall away from the doors, everything from tubing and corks all the way down to hops cultures can be acquired. (Note: The cultures will live in the fridge. Ask us to guide you there!) Not only do we have the supplies needed for your alcohol-crafting adventure, but our in-house expert Deb McAdams is a treasure trove of knowledge about the craft. *When in doubt, Deb will help out.*



August Staff Favorites:

What is your favorite product right now?



Jessica ~ “I’ve been enjoying the *Sunset in Seattle* loose tea by Market Spice. Oh my, the vanilla-y flavor is divine and the whole blend is just relaxing.”



Deb ~ “I can’t get enough of the Organic Corned Beef from B-Bar Ranch in Big Timber. My recommendation: smoke it. Take a twist on corned beef and smoke it—it tastes nothing like traditional corned beef when its smoked. ***It just melts in your mouth.***”



Margaret ~ “I’m using the Withey’s label chlorophyll tincture and it tastes yummy! There are tremendous benefits of taking chlorophyll. One is that it helps the body build red blood cells, which increases oxygen intake. It also cleanses the body and blood which is great for someone post-surgery. Chlorophyll has also been shown to assist in the chelation of heavy metals. So it is tasty and comes with all of these great benefits as well.”

And with all that top of mind, it’s time to say farewell. **Thank you** for continuing to be a loyal member of the Withey’s community. In an era of online shopping and clickbait, its customers like you who keep our doors open. Thank you again; we can’t wait to see your sun kissed faces in the store this month!

Please Click Here for this month's Sale Flyer!

Friendly reminders

- Withey's offers a rewards program for shopping with us in store. Every \$100 you spend in the store earns you \$5 off your next purchase with no expiry date attached! If you have not already signed up to earn with us, all we need is a name and phone number to get you started on earning rewards today.
- We appreciate our community members so much! If you happen to be a veteran, senior citizen (65+), or an employee of Logan Health, we will offer you 10% off of your supplement purchases. Just let us know at checkout if you qualify and we are happy to apply the discount.
- If there is a product you are looking for and cannot seem to find anywhere else, let us know! We will try our best to order it and/or carry it in the store for you. Talk to your favorite staff member if you have something in mind.
- We are happy to mail out anything from the store to your door! Please give us a call for mail orders.

Withey's Health Foods | 1231 S Main St | Kalispell, MT 59901 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email & social marketing for free!